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#### Important Document

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## Highlights.

✓ A clinical trial stage company developing digital interventions to treat mental health conditions.

✓ Successfully completed a pilot randomized controlled trial with 69 patients of an online mindfulness-based program for people diagnosed with melanoma.

√ <a href="https://www.researchgate.net/publication/329333517">https://www.researchgate.net/publication/329333517</a> A pilot randomised controlled trial of an online mindfulness-based program for people diagnosed with melanoma

✓ Fully developed clinical trial protocol created by leading scientist at a major Australian University.

✓ Fully funded for Phase 1 clinical trials of mindfulness-based digital programs for people requiring pain management to avoid or reduce impact on mental health conditions.

✓ Clinical trials to be fully FDA compliant.

- ✓ World Class Research Team.
- ✓ Fully funded, approx. AUD\$2.5M cash at bank.





### Overview.

- Digital Mind Technology is pioneering research into the clinical use of mindfulness-based digital programs for people with chronic pain. Ineffective pain management is a leading cause of mental health conditions.
- Leading scientist Dr Russell has developed a clinical protocol and ran a successful pilot trial of 69 patients at a leading University for people diagnosed with melanoma.
- The study found that the intervention has the potential to help survivors cope with emotional difficulties by reducing stress and anxiety.
- Dr Russell has published extensively and has transferred her intellectual property including the data from the clinical pilot trial to Digital Mind Technology.
- The intellectual property will be used to run a Phase 1 clinical trial for patients suffering from chronic pain.
- The Phase 1 clinical trial is fully funded and will cost \$830,000. The trial will start in early 2022 and is expected to be completed by the end of 2022.
- The trial will be fully FDA compliant.

Digital Mind Technology is working to develop digital platforms (Mobile, Smart Watch, and Web) that provides clinically proven mindfulness-based digital programs to help patients to deal with pain. These clinical programs have the potential to be provided to patients via health professionals in a clinical setting.



High Level Results of Pilot Clinical Trial.

 Study completion participants shows high participant retention using DMT's digital therapeutic model. Program adherence and usability of the technology is a major factor in the success of the intervention.

The intervention was found helpful by 72% of respondents.

 The clinical trial illustrated statistically significantly reduced severity of emotional "fear" of cancer recurrence in this self guided intervention for substantially better emotional outcomes.

The clinical results to date are encouraging for DMT's clinical trials in late stage cancer patients, targeting pain and mood disorders and DMT's aim to create a medical application for prescription in various patient groups.

https://www.researchgate.net/publication/329333517 A pilot randomised controlled trial of an online mindfulness-based program for people diagnosed with melanoma



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**Digital Mind** 

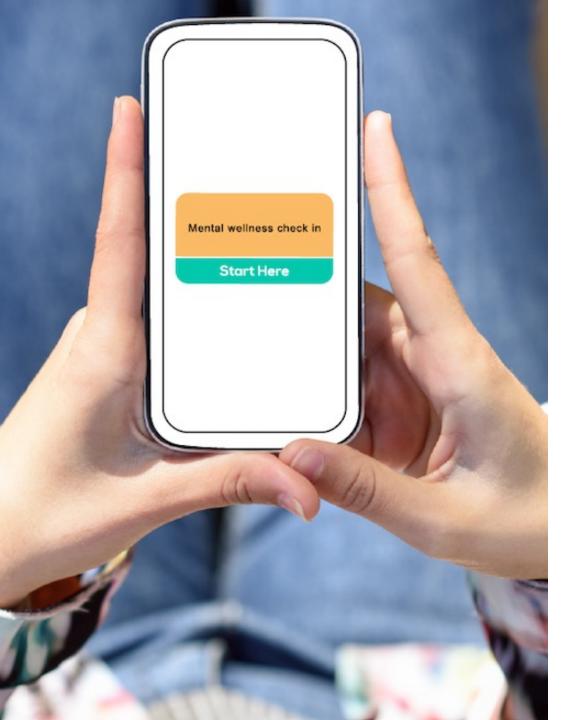




# Digital Interventions for better mental health.

Digital Mind Technology provides evidence-based digital interventions and conducts clinical trials of technology for use in mobile, desktop and wearables to reduce the risk of depression and anxiety in vulnerable groups.

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## Evidence-based Mental Health Interventions



Our evidence based clinical research aims to use clinical protocols that will comply with funding guidelines so that doctors can prescribe our digital based health programs to patients under a government and medical prescription funding model.

#### At home and mobile mental health care

Mental health treatments traditionally involve medications and psychotherapies with a psycho-therapist. DMT fills an important gap between therapeutic sessions and doctor's visits, by delivering activities, thoughts and repertoires that are clinically proven to improve mental well being.







## Prescription medical technology in every patient's hands.

Mindfulness activities *developed from robust clinical trials* can be delivered using mobile and desktop applications and wearable devices.

By way of example a patient, wearing a fitbit or any other connected device that can sense heart rate and blood pressure, could be reminded to stop and take a breath, with interventions triggered by these biometric markers and signals and these interventions are clinically proven in DMT's therapeutic models.

Evidence-based intervention at the exact time a patient needs it could help reduce mental illness.





**Digital Mind Technology is operating in a high growth sector:** 

## Funding for technology companies that are developing applications to treat behavioural, mental and brain health exceeded \$5.3 Billion to Q3 in 2021.

There is high demand for scalable mental health treatments using technology on mobile and online devices

(Source: Global Institute of Mental & Brain Health Investment 2021)



## Valuations: Behavior, Mental and Brain Health Technology Companies.



Company	Description	Valuation at last funding (USD)
Lyra	Developer of a platform that offers teletherapy, telecoaching & digital self care tools	\$4.6B
Calm	Meditation App	\$2B
Therapy Brands	Software and services created for mental health treatments	\$1.2B
Modern Health	Developer of a mental wellness platform intended to help companies manage their employee's health benefits	\$1.17B
Ginger	Developer of a virtual healthcare platform designed to provide on-demand mental health support	\$1.1B
MindMaze	VR for neurorehabilitation	\$1.1B
Cerebral	Mental telehealth and wellness platform for employers	\$1B
Headway	Software enabled therapist network that onboards practices into insurance networks	\$770m
	Medical imaging technology platform that communicates time-sensitive information	
Viz.ai	about stroke patients directly to clinicians	\$641m
Workin Health	Online Addiction recovery program	\$500m
Happify Health	Software-enabled healthcare platform developing digital therapeutics	\$435m

## Financing in behavioural & mental health technology is on the rise.



✓ Digital Mind Technology is developing its product from results of FDA approved Clinical Research

## lyra

Recent Funding **\$200 million.** \$4.6B Valuation.



\$75 million. \$2B Valuation.



Recent Funding \$100 million. \$1.1B Valuation.



\$127 million. \$1B Valuation.

## elemy

Recent Funding **\$219 million.** \$1.15B Valuation.



\$125 million. \$1.1B Valuation.



#### Headway

**\$70 million.** \$70m Valuation.



Recent Funding **\$118 million.** \$500m Valuation.









#### Dr Lahiru Russell. Founder.

MSc, PhD.

After graduating with a Master in Biochemistry from the University of Geneva, Switzerland, Dr Russell worked for a decade in the pharmaceutical industry managing clinical trials. Over the years Dr Russell developed an interest in the psychosocial adaptation to illness and strategies to manage the stress-related aspects of disease. Her studies in Epidemiology at the London School of Hygiene and Tropical Medicine (UK) stimulated her desire to undertake research in this field. Following this, Dr Russell joined the psycho-oncology research team at the Peter MacCallum Cancer Centre in Melbourne, Australia, evaluating supportive care interventions for people affected by cancer.

In 2018 Dr Russell was awarded her PhD from Deakin University, Australia. Coupling with her personal interest in mindfulness practices and her professional experience in psycho-oncology, Dr Russell's PhD research was designed to determine whether a mindfulness program could benefit people with melanoma. The focus of the program was to empower participants to manage their health by promoting awareness of emotions and teaching skills to manage distressing thoughts.

Dr Russell's vision is to empower people to engage in healthy self-care strategies to manage the impact of their illness for long-term wellbeing.









#### **Dr Zena Burgess. Strategy Advisor**

PhD. FAICD, FAPS. MBA

Zena has a strong interest in futures of health care. She serves as Director of MindBio Therapeutics, a clinical stage pharmaceutical company researching the use of emerging pharmaceuticals to treat mental health conditions and is a member of the international advisory board of Connext2MyDoctor and the telehealth influencers alliance. Dr Burgess is also a director of the Australian Patients Association and Chair of the board subcommittee on governance and risk of the Victorian Farmers Federation and is currently the Chief Executive Officer of the Australian Psychologists Society.

Formerly, Dr Burgess was Chief Executive of the Royal Australian College of General Practitioners. Zena has substantial experience serving on boards of government entities. She holds a PhD in psychology from the Australian Catholic University and a Master of Business Administration from Monash University and a Master of Education from La Trobe University. She has a wealth of experience in health changes and strategic advocacy to governments.



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### Annex.







Dr Lahiru Russell on Investment Pitch - click here to watch



#### Intellectual Property and Published Works.



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